

## Protecting What Matters:

### Your Guide to Identity Theft Resources

Identity theft can strike anyone, anytime—and recovering from it can be overwhelming. But you're not alone. Whether you're looking for proactive protection or need help navigating recovery, these trusted resources and services are here to support you every step of the way.

#### IDIQ Bronze Program: Smart Protection Made Simple

The IDIQ Bronze Program offers a powerful suite of tools to help you monitor, detect, and respond to identity threats:

- **1-Bureau Credit Monitoring:** Stay informed with alerts about suspicious activity—like new accounts or hard inquiries—on your credit report from one major bureau.
- **Dark Web & Internet Monitoring:** Your personal data (Social Security number, email, address) is scanned across the dark web to detect breaches before they escalate.
- **Identity Theft Insurance:** Up to **\$1 million** in coverage for stolen funds, legal fees, and lost wages due to identity theft (terms apply).
- **Lost Wallet Assistance:** If your wallet goes missing, IDIQ helps you cancel and replace credit cards, IDs, and other key documents quickly.
- **U.S.-Based Restoration Support:** A dedicated team is ready to assist you in recovering your identity and resolving fraud-related issues.
- **Opt-OutIQ:** Reduce junk mail and telemarketing calls by registering with the National Do Not Call Registry—less clutter, more peace of mind.



#### Top Identity Theft Resources You Should Know

Even with strong protection, knowing where to turn for help is essential. These organizations offer free, reliable support:

#### Identity Theft Resource Center (ITRC)

A nonprofit offering free assistance to victims of identity theft and fraud.

- Custom remediation plans tailored to your situation
- Educational materials and weekly podcasts on scams and breaches
- Support for individuals and businesses alike

### IdentityTheft.gov (FTC)

The official U.S. government recovery site for identity theft victims.

- Step-by-step guides and sample letters to report and recover
- Tools to contact credit bureaus and key agencies
- A trusted starting point for anyone affected by identity theft

### USA.gov Identity Theft Hub

A comprehensive guide to understanding and responding to identity theft.

- Explains how identity theft happens and warning signs to watch for
- Offers reporting guidance for the FTC, IRS, and credit bureaus
- Ideal for those seeking clarity and direction in a confusing time

### Final Thought: Prevention + Support = Peace of Mind

Identity theft is more than an inconvenience—it's a serious threat to your financial and emotional well-being. By combining proactive tools like the IDIQ Bronze Program with trusted resources like ITRC and IdentityTheft.gov, you can take control of your digital life and protect what matters most.

**For more information, tools, resources—call your  
Life Advisor Employee Assistance Program!**



**Ulliance provides no cost, confidential, short-term  
counseling for you & your family.**

Call us- we're here to help **800.448.8326**